



Statement of Intent:

Social, Emotional and Mental Health (SEMH)

"Mental health is a state of well-being in which every individual realises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community." (World Health Organisation, 2013)

Leading Futures Alternative Provision prioritises the emotional well-being and mental health of every member of our community, staff and learners alike. We integrate this commitment into our culture, ethos, and vision through policies, comprehensive support strategies and targeted interventions.

We acknowledge that mental health is an essential aspect of well-being for all individuals. Alongside promoting positive mental health practices, we are dedicated to recognising and effectively responding to varying degrees of mental ill health.

Understanding that many adult mental health challenges begin before the age of 18, we are deeply invested in the mental health and well-being of our young people. Our aim is to build their resilience and reduce stigma around mental health.

We empower our learners to express their emotions effectively and develop the necessary skills to manage their mental health. This includes building positive relationships, seeking help when needed, and pursuing their personal and academic goals with confidence.

For our staff, we provide support and professional development opportunities that foster their own emotional well-being and mental health, enabling them to effectively support learners and facilitate their growth.